

## Treating The Tough Adolescent By Scott P Sells

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Treating the Tough Adolescent: A Family Based, Step by ...

This book illuminates the causes of severe adolescent behavioral problems and presents a research-based, 15-step model for helping families bring about meaningful change. Incorporating structural and strategic

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principles, the author's cohesive approach focuses on setting clear rules and consequences; changing the mood and direction of confrontations; neutralizing such problem behaviors as disrespect, truancy, running away, violence, and threats of suicide; and restoring positive, nurturing ...

~~Treating the Tough Adolescent: A Family Based, Step by ...~~

"Treating the Tough Adolescent offers a sensible and strategic approach to resolving the family problems of difficult adolescents....This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating adolescents and their families." -from the Foreword by Jay Haley

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1st Edition Published on September 2, 2004 by Guilford Press This book illuminates the causes of severe adolescent behavioral problems and presents a research-based Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide - 1s

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Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide. This book illuminates the causes of severe adolescent behavioral problems and presents a research-based, 15-step model for helping families bring about meaningful change.

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Special treatment issues covered include working with single-parent families, outside systems (peers, school, probation officers), divorce and stepfamily problems, and substance misuse. Clearly written, practical, and accessible, the book uses actual case examples to demonstrate each step of the approach.

~~Treating the Tough Adolescent : Scott P. Sells : 9781593850999~~

Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide Guilford Family Therapy Series:  
Author: Scott P. Sells: Edition: illustrated: Publisher: Guilford Press, 2004: ISBN: 1593850999,...

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Treating the Tough Adolescent offers a sensible and strategic approach to resolving the family problems of difficult adolescents. This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating adolescents and their families. Treating the Tough Adolescent: A... book by Scott P. Sells

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### ~~Treating The Tough Adolescent By Scott P Sells~~

The fifteen-step treatment model is applicable to very difficult teens and their families, but also offers an approach for shaping the behavior of less disturbed youth. The model is based on a four-year research study with two stated objectives: (1) to develop a treatment manual, and (2) to combine process and outcome research.

### ~~Treating the Tough Adolescent; A Family Based, Step by ...~~

The counselor is provided with practical instruction to engage an uncooperative adolescent, empower parents to change parent-adolescent communication, stop the adolescent's most severe behavioral problems, and restore nurturance and tenderness between parent and teenager.

### ~~ERIC ED425370 Treating the Tough Adolescent: A Family ...~~

Treating the Tough Adolescent - A Family-Based, Step by Step Guide is easy to read and well researched and referenced. I can heartily recommend this book to any parent facing difficult problems such as ADHD, truancy, delinquency, aggression, graffiti crimes, substance abuse, disrespect, and many other issues with their teenage children.

### ~~Amazon.com: Customer reviews: Treating the Tough ...~~

Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide Paperback - July 26 2004 by Scott P. Sells (Author), Jay Haley (Foreword), Neil Schiff (Foreword) & 0 more 4.4 out of 5 stars 10 ratings

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--Matthew D. Selekman, MSW, Response Center, Skokie, IL " Treating the Tough Adolescent offers a sensible and strategic approach to resolving the family problems of difficult adolescents....This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating adolescents and their families."

### ~~The Guilford Family Therapy Ser.: Treating the Tough ...~~

Special treatment issues covered include adolescent substance abuse and managing problems that arise in single-parent and divorced families, as well as ways to collaborate effectively with outside systems. Featuring a wealth of illustrative case examples, this is an indispensable clinical guidebook and text.

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Treating the Tough Adolescent offers a sensible and strategic approach to resolving the family problems of difficult adolescents. This is a valuable book that wedges research-supported ideas into practical guidance for therapists struggling with exasperating adolescents and their families.

~~Treating the Tough Adolescent: A... book by Scott P. Sells~~

That's where Treating the Tough Adolescent is. Dr. Scott Sells wrote the book as a guide to help professionals know what to do in the uncharted territory of the difficult child. I've already reviewed his consumer/parent facing work, Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love .

~~Book Review Treating the Tough Adolescent — Thor Projects~~

severe behavioral problems and presents the treatment model with Guilford Family Treating the Tough Adolescent a family based step by step guide paperback July 26 2004 by Scott P Sells author the Guilford Press 1 edition July 26 2004 language English ISBN 10 1593850999 ISBN 13 978 1593850999 product dimensions 146 x 25 x 222 cm

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Scott holds a Ph.D. in both Marriage and Family Therapy and Social Work from Florida State University. He has over 20 publications and has authored three books entitled: Treating the Traumatized Child: A Step-by-Step Family Systems Approach (Springer Publishing, 2017), Treating the Tough Adolescent: A Family-Based, Step-by-Step Guide (Guilford Press, 1998) and Parenting Your Out-of-Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love (St. Martin's Press, 2001).

~~Dr. Scott Sells — Family Trauma Institute~~

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